



**SPECIALIZED
STUDY PROGRAM**

SOCIAL & EMOTIONAL LEARNING

*EMOTIONALLY EQUIP
YOUR STUDENTS*

Right now, more than ever, your students need direction to help them develop the empathy and emotional maturity that will be crucial to their success as adults.

- Understand the research behind Social Emotional Learning
- Discover methods for using the Collaborative for Academic Social and Emotional Learning (CASEL) Social Emotional Competencies to improve students' self-awareness, self-management, social awareness, and more
- Examine the Formative Five skills and how to measure and improve them

Help students succeed. Enroll now.
extension.ucr.edu

UCR | Extension
Professional Studies

SPECIALIZED STUDY PROGRAM IN

SOCIAL & EMOTIONAL LEARNING

ONLINE PROGRAM

“We recognize how valuable time is for teachers, and we understand the needs of non-traditional learners, so we strive to design our programs and schedule our courses with a work, life, and learning balance in mind. Whether you want to add a credential, enhance your skills, complete a professional certificate, or get started on a Master’s degree, we have what you need.”

—Annette Webb, M.Ed.
Associate Dean of Academic Affairs and
Director of Education Programs
UCR Extension
Riverside, CA

TEACH FOR EMOTIONAL AND ACADEMIC SUCCESS

Academic achievement is more than good grades and proficiency in various subjects. Learn what that other component is that will give your kids an advantage now and in the future.

First, identify Social Emotional Learning (SEL), the process that leads to students’ ability to make sound and ethical decisions and approaches, and review the research that supports it. Understand how SEL is pivotal to positive relationships and emotional connections. Learn about widely used measures, such as the Collaborative for Academic Social and Emotional Learning (CASEL) Social Emotional Competencies, and how they can be applied to increase students’ self-awareness, integrity, social awareness, and more. Then, put your understanding of both science and concept into practice by creating a plan that includes CASEL and the Formative Five skills for your own classroom. Use your plan immediately and start helping your students grow toward bigger expectations and more ethical, inclusive decision-making.

WHAT YOU’LL LEARN

- Social Emotional Learning (SEL) and its relationship with your students’ academic achievement
- Supporting research and available resources for SEL
- Application of both the Collaborative for Academic Social and Emotional Learning (CASEL) Social Emotional Competencies and the Formative Five skills
- Methods for developing a comprehensive plan to apply SEL in your own classroom

WHO CAN BENEFIT

This program is designed for PK-12 teachers and other individuals working with children in an educational setting, such as special education teachers, resource specialists, bilingual teachers, curriculum coordinators, and administrators.

ADMISSION

Take individual courses or fulfill all of the requirements to complete this UCR Extension program. Whichever you choose, you will gain the personal power that comes through learning new skills. Be assured that you are receiving education that is backed by the UC tradition of excellence.

HOW TO EARN THIS AWARD

Individuals must complete a total of 6 quarter units, with a grade of C or better.

ACADEMIC ACHIEVEMENT AND SOCIAL EMOTIONAL LEARNING 3 UNITS

SOCIAL AND EMOTIONAL LEARNING APPLICATION IN THE CLASSROOM 3 UNITS

- This program can typically be completed within 3 months.

PROGRAM INFORMATION

Prices, requirements and courses are subject to change. For the most up-to-date information:
Phone: 951.827.4105
Email: credentials@ucx.ucr.edu
Website: extension.ucr.edu



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