

Mastering Career Renewal at Mid-Life

If you are now in your 50s and wonder, what kinds of job opportunities will be available to you until you retire—or what kind of work you would like to do in post-retirement years—this seminar can help you navigate those career transitions. Through interactive classroom discussions, video presentations and lectures, you will complete a Career-Skills Inventory, engage in exercises to design your future work-life and lifestyle, and chart a Career Action Plan that will serve as your roadmap. You will leave this seminar with a renewed plan for your current career path, and practical strategies to reinvent yourself for a new and more fulfilling career over the next 20+ years.

UCR Palm Desert Center

75-080 Frank Sinatra Drive
Palm Desert

Enrollment is limited. To reserve your seat, call (951) 827-4105 or (760) 834-0997 or go to www.extension.ucr.edu.

Saturday

February 3 & 10, 2018

Part I: Self-Assessment and Lifestyle Planning

Part II: Job Search and Interview Strategies

Seminar Highlights

- » Reimagining your future work-life and lifestyle
- » Repackaging of your resume
- » Job search strategies
- » Individual reflection

Featured Presenter

John Mattson, M.Ed., Director of the Graduate Career Development Center at the A. Gary Anderson Graduate School of Management at the UCR School of Business. For the past 30 years, he has served in similar roles at The Actors Fund in Los Angeles, The Wharton School's Executive MBA Program, Boston University's Questrom School of Business, and The Fletcher School at Tufts University, where he received a Master's degree in Counseling. Mr. Mattson also provided career transition coaching to numerous clients seeking to re-energize and reinvent meaningful career paths for their future.

9 a.m.–12:30 p.m.

Registration Fees

February 3 \$30 **Section:** 173-CCS-220

February 10 \$30 **Section:** 173-CCS-221

(Enroll in both sections to receive a \$10 discount)



Extension

Professional Studies